

House of Welcome Day Program Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Egg salad sandwich	Turkey and cheese sandwich	Chicken salad sandwich	Roast beef and cheese sandwich	Tuna salad sandwich
Vegetable or fresh fruit	Vegetable or fresh fruit	Vegetable or fresh fruit	Vegetable or fresh fruit	Vegetable or fresh fruit
Chips or pretzels	Chips or pretzels	Chips or pretzels	Chips or pretzels	Chips or pretzels
Dessert	Dessert	Dessert	Dessert	Dessert

- A peanut butter and jelly sandwich is available as an alternative on all days.
- Sugar-free and dairy-free items are available. Please talk to HOW staff about special dietary needs.